



# RASTA

ANNUAL REPORT

2000-2001



## Caring For The Less Cared

### RASTA

Mailing Add :

Old No. 99), Vinod Nagar (West) Street No.7, Delhi-11009

## *Preface*

This Annual Report is presented with a view to give a summary statement of the activities undertaken by the **RASTA** over the year 2000-2001.

India has established herself as one of the prominent countries of the world in terms of technological advancement. We have many things to be proud of such as rich heritage, linguistic and geographical diversities, historical monuments, rich wild life, etc. We are attraction for the international trade houses and tourists. In fact, a multifold steady growth has compelled each one in the world to think about us.

Can we forget the size of illiterate population, child labour, trafficking, gender discrimination and population explosion in our country. The successive governments have not been able to meet the development needs of the country. Consequently, the aforesaid problems could not be arrested so far. The scenario is not same in all of the states or between two societies or rich and poor, Each one of them reflects a different set of priorities.

The **RASTA** considers human resources as best resources for bringing about sustainable change in the quality of life of the less cared. Capacity building and attitude development are important concerns of the organization along with need-based program inputs. **RASTA** believes in building upon the available resources, wisdom and strengths by utilizing the available strengths and minimizing the limitations. We are always open to work as an active member of any such network of development organizations, working for the common cause for the masses.

The report is prepared to share information, with all the desirous and concerned, on our actions and aspirations. Any word of your suggestion shall be a great help for us.

We are highly thankful to our donor agencies (**HPS** Foundation and **IC** Trust) for providing timely financial support for the program activities.

**June 9, 2001**  
**Secretary**



## Program Activities

### EDUCATION

#### Participants:

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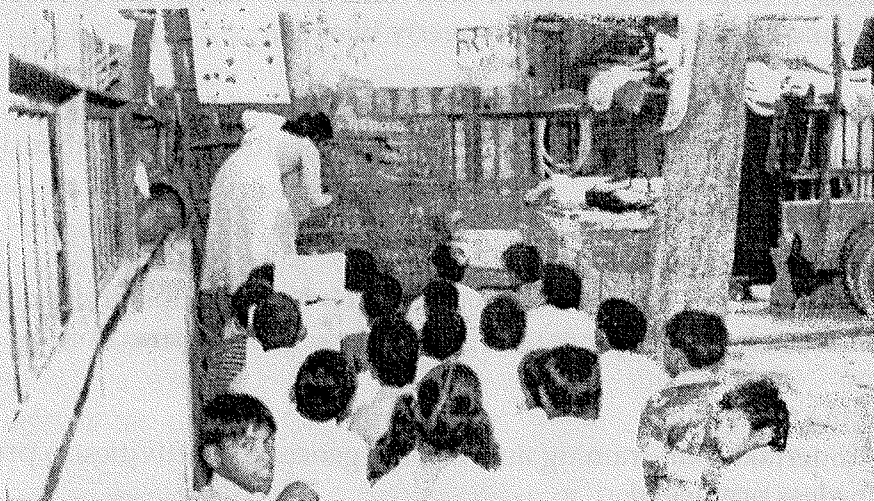
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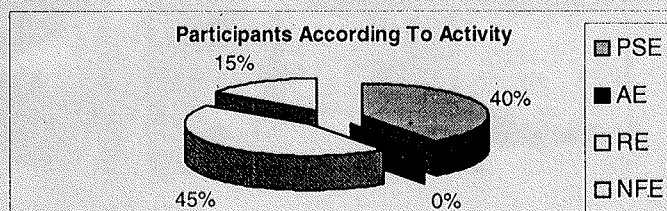
42 38

### Educational Centers

Educational activities for all age groups have been undertaken. 563 children and adults participated in different educational centers.



- **Pre School Education** : Children in the age group of 3-6 attended pre-school classes. The classes emphasized upon personality development of the children adopting play way method of participation.
- **Non Formal Education** : The children in the age group of 6-14, who either missed schooling or dropped out of the school, were provided opportunity to have education at par with formal schooling through the Non Formal Education Centers.
- **Remedial Education** : Children attending formal classes up to standard VIII in government schools participated in the remedial education classes and attained excellence in their studies.
- **Adult Education** : Mainly women and adult girls participated in the activities of adult education classes. Family life orientation and literacy were the major concerns undertaken.



**Other Educational  
Activities/Awareness  
Generation**

PTA	169	679
Sports day	277	294
Ed Trip	176	130
Quiz Contest	66	46
Drawing Comp	171	159
Bal Pratibha	454	575
Counseling	204	390
School Chalo	197	519
School Admn.	39	47

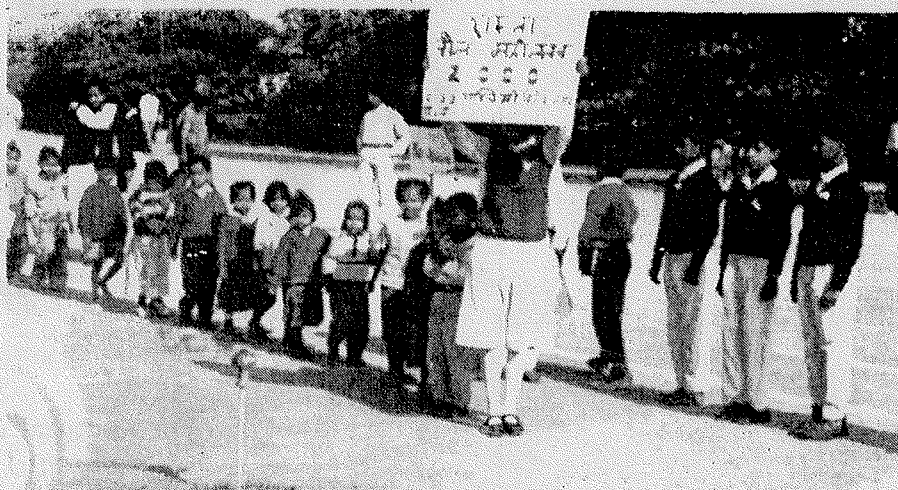
**Bal Sabha (no.) 36**

**Awareness Programs 10**

**Participation in Different Educational Activities**

**Educational Activities :**

- **Sports day**: Children participated in different sports activities. Healthy competition and zeal to take initiative were encouraged with due incentives.



- **MCD School Admission**: Children completing preschool education and NFE classes were encouraged to take admission in formal schools.
- **Educational Trip**: Children participating in all of the centers were taken to educational visits to enrich their learning experiences.
- **Bal Pratibha Vikas Program/Talent Development Program**: Opportunities were provided for the development of talents expressed or identified in the children, involving subject matter experts, i.e., music, stage, drawing.
- **Summer Vacation Program**: The period of summer vacation was utilized for creativity development of the children. Doll making, toys making, clay models, etc. were the creative products of the program.



- **School Chalo Abhiyan:** Community awareness was enhanced towards need of schooling for children by way of slogans, processions and individual contacts with parents. The non-attending children were enrolled to the formal schools.



- **Cultural Events:** Cultural events were organized for all children and community people in order to preserve cultural heritage.
- **Trainings:** Human resource development is an important factor of the program. Staff members were equipped with latest information and skill related to their work. Major topics undertaken were; Pre School Education; Child Psychology; Class Management; NFE Teaching Methods; Personality Development; Teaching aids; Records Preparation; Multi-grade Teaching; Community Organization; Program Planning; Project Formulation; Report writing and Mothers group formation.



#### Training/Other Activities:

<u>Training</u>	<u>Participants</u>
School Education	15
Child Psychology & Class Mgt.	14
NFE Teaching Methods	16
Personality Devt.	13
Teaching Aids and Records Preparation	15
Multi-grade Teaching	14
Community Organization	
Program Planning	11
Report Writing	4
Mothers Group Formation	10

## Family Planning Program :

Subectomy	5
Asectomy	9
opper T	46
ala D	
andom Distribution	21
ounseling	27

## Pre & Post Natal Care

mmunization	
heck up	
on & Calcium Tablets	
igh Risk Pregnancy	
eferral to Hospital	
ulse Polio	

## HEALTH

Health of all is our determination. Wide ranges of activities were organized for the cause.

- **Jan Swasthya Raksha Mela** : A health fair was organized to provide at hand information and services to the people on one side and motivate them for community health on the other side. The fair represented integrated form of all of the health related activities.



- **Family Planning Program** : The eligible couples were provided information and services for child spacing and small family norm.
- **Pre & Post Natal Care/Reproductive Health Program:** Mother and childcare is one of the major reasons behind unplanned family growth. Some of the activities of the project are :
  - **Immunization:** Children under six years were provided basic immunization with the cooperation of government hospital and dispensary.
  - **Checkup of Pregnant Women:** Regular check up and immunization with TT ensured for all of the pregnant women.



### Awareness Generation

Street Plays	5
Kkard Meeting	31
ui. contest	3
poster campaign	7
ally	6
rives	8

### Safe Drinking Water & Diarrhoea Control

Chlorine Tablets	
Distribution	511
RS Packets	86
Counseling	53
Training on Drinking Water	1
Door to Door Awareness	11
Referral to Hospital	16

➤ **Iron and Calcium Tablets:** Iron and calcium deficiencies were met by providing tablets to the pregnant women.

➤ **Growth Monitoring:** Growth of all the children below six years of age was monitored on monthly basis. Related counseling services were also offered to the parents

➤ **Pulse Polio Program:** The services of government pulse polio program were used for polio vaccine to the children below five years of age.

- **Awareness Generation:** Concretized and well informed community easily shoulders responsibility of their development. Community education program involved following activities with the people for the same.

➤ **Street Plays:** Important issues of social concern like alcoholism, dowry, basic health care were dramatized. Follow up of the same was done through local groups.

➤ **Quiz:** Children and adults all enhanced awareness and healthy competition by way of quiz programs in the community and centers.

➤ **Poster Campaign:** Children prepared posters on important themes like education, immunization, sanitation, etc. They were encouraged with prizes and appreciations.

➤ **Rally:** School enrollment, sanitation and issue based awareness was enhanced through processions.

➤ **Counseling Services:** Individual counseling and group guidance services were used for in-depth realization.

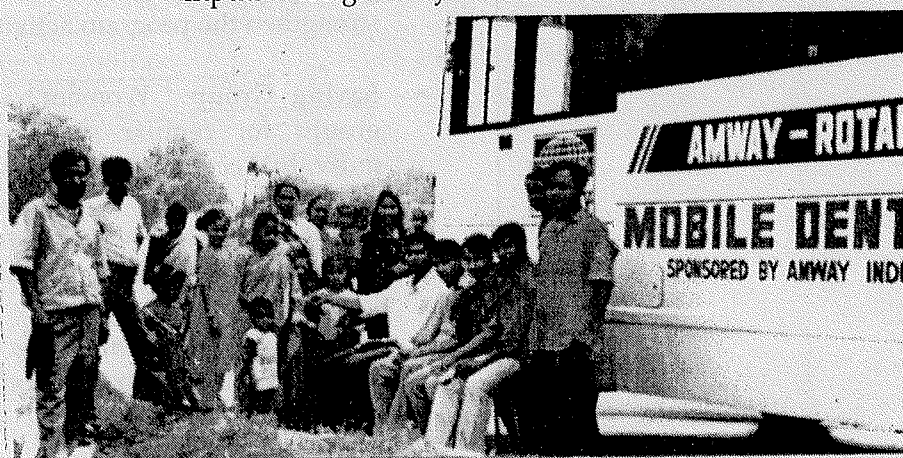
- **Issue Based Initiatives:** Specific issue based initiatives were taken during the year.

➤ **Sanitation Drive:** Inter street competition was organized for a month. Consequently, sanitation committees for a month. Consequently, sanitation committees have been formed sanitation improved.

## Socio-economic Integration

Library Shed	3
Group	1
Group	3
Mandal	2
Group	3
es Group	6
Group	1

- **Dental Camp**: The camp provided instant accessibility to dental services for children and adults. Informative inputs were given by the doctors.

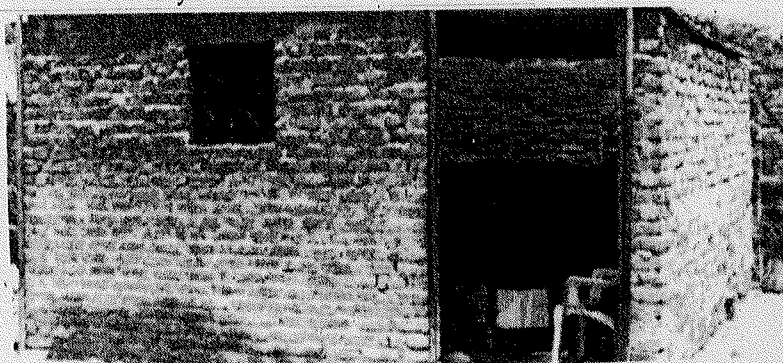


- **AIDS Awareness**: Meetings, handbills, plays and counseling services were used to enhance awareness on AIDS.
- **Personal Health & Hygiene Care**: Children and adolescent girls were provided related inputs on personal hygiene.
- **Safe Drinking Water & Dearthroea Control**: The program included distribution of chlorine tablets & ORS packets, training on usage of water, exhibition, individual counseling and family contacts.

- **TB Checkup**: Chronic diseases are still a matter of concern for the people. The suspected patients were taken for check up for TB and the referral services were ensured for the needy.

## SOCIO-ECONOMIC INTEGRATION

- **Temporary Shed** : Three sheds for community meetings and educational activities have been constructed in the community.





- **Youth Group**: The youth of the community were motivated to organize in a group. The group maintained linkages with government departments, school and concerned agencies to strengthen the program activities.
- **Saving Group**: Women have joined hands to form three groups for regular savings and credit to stabilize their individual economic activities.
- **Mahila Mandal**: Two women groups been formed to support programs of their respective clusters.
- **Balika Mandali**: One girl's wing has been developed. The members of the groups work in close contact with women groups.
- **Watch Group**: Watch groups were developed out of the members of different groups in order to keep overall eye on the development programs of the communities and provide support to other members and groups.
- **Mothers Group**: Mothers of the children participating in different centers have been organized according to different centers. They meet every month and review progress of the children with the teachers.
- **Vocational Education**: The activity was taken mainly for women and girls for their vocational development and sustainable livelihood.

- **Cutting & Tailoring Unit**: A women vocation development venture where women get vocational training for the trade of cutting and tailoring. They are further helped to develop linkages with potential market.

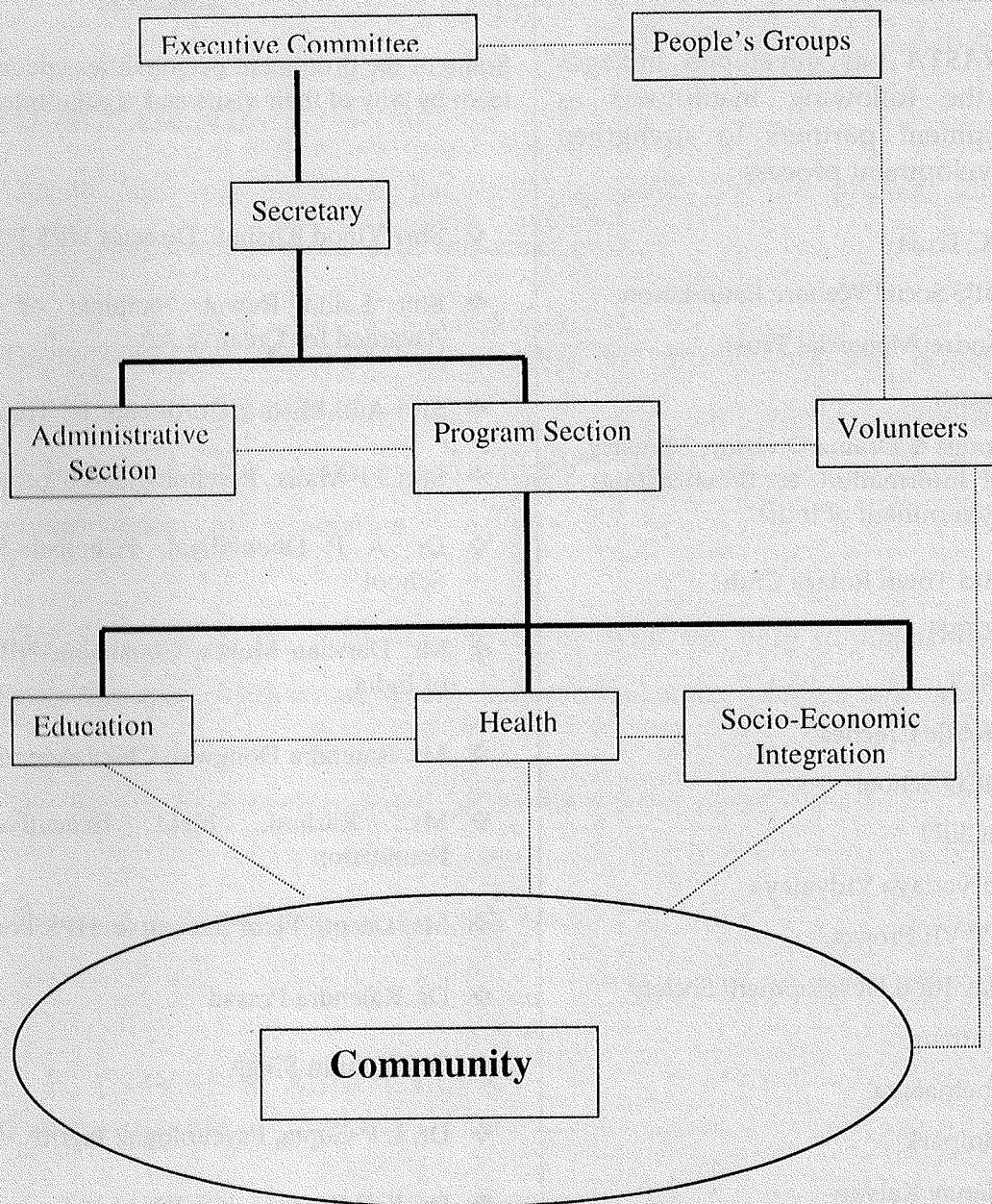
**Issues of Area** : This is merely a beginning for a long journey. There are many issues yet to be addressed. Some of the prominent issues prioritized for further action are :

- **Girl Child Development**
- **Inclusive Education for People with Disabilities**
- **AIDS Awareness**

### **Vocational Education**

Cutting & Tailoring Unit	1
Awareness Generation	
Career Meeting	11
Street Plays	5
Community Meeting	11
Local Leaders Meeting	12
Youth groups Meeting	4
Other activities	18

## ORGANIZATIONAL STRUCTURE



Line of Administration: —————

Line of Cooperation : .....  
.....



## Linkages

### Organizations:

The **RASTA** has developed linkages with the following institutions as development partners to strengthen the development process :

- ❖ I C Trust
- ❖ HPS Social Welfare Foundation
- ❖ Godrej Memorial Trust
- ❖ Jagriti
- ❖ Songs & Drama Division, Ministry Of Information & Broadcasting, Government of India
- ❖ Mid Town Rotary Club
- ❖ SCERT
- ❖ DIET
- ❖ Mobile Creches
- ❖ MCD School
- ❖ NCERT
- ❖ Sarvodaya Vidyalaya
- ❖ IPP VII Project
- ❖ Nav Juoti Development Society
- ❖ Pratham
- ❖ Chetnalaya
- ❖ Sampark
- ❖ Manav Kalyan
- ❖ Adhar Welfare Society
- ❖ Anchal Trust
- ❖ Development Associates
- ❖ Hindustan

### Visitors:

Some of the prominent personalities encouraged our team by way of their visits and regular interactions :

- ❖ Shri Vinod Khanna, Director HPS Foundation
- ❖ Smt Lalita Rewal, recipient of President Awarded for Creative Art
- ❖ Shri Anil Mishra, Cordinator IC Trust
- ❖ Shri J P Malik, Psychologist & Consultant
- ❖ Dr. A P Dhoundiyal, Principal Sarvodaya School
- ❖ Mr. Darshan Mehra, Consultant NIUA, Govt of India
- ❖ Mr. Rajendra Dongwal, Chief executive NDS
- ❖ Ms. Rashmi, Field Executive, HPS Foundation
- ❖ Ms. Deepti, Field Executive, HPS Foundation
- ❖ Dr. Rajendra Prasad
- ❖ Dr. Bichitra Singh
- ❖ Dr. L P Gupta, Psychologist Jagriti
- ❖ Dr. K C Papanai, JOURNALIST
- ❖ Mr. Basant Srivastava, Godrej Memorial Trust
- ❖ Ms. Ameeta Joshi
- ❖ Mr. Girish Singh Musician

# RASTA

For the year ending 31st March, 2001

Annexure 'I'

## TO ACCOUNTS

During the year donation has been received for the project for developing human resource of the area.

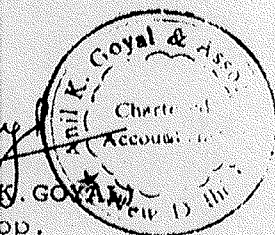
During the year the trust was involved in carrying out one of its objects i. e, "To provide relief to the poor and weaker sections including women, children and elderly", which is covered in the memorandum of association.


The activities of the trust are carried on with the help of medically trained social workers to whom honorarium/service charges are paid.

The figures have been rounded off to the nearest rupee.

The trust is accounting for on cash basis.

**IL. K. GOYAL & ASSOCIATES**  
Chartered Accountants



  
(President)

  
(Secretary)

  
(Treasurer)

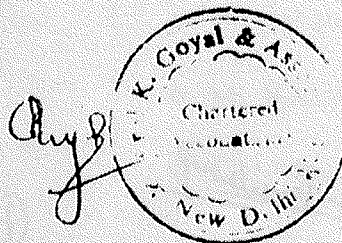


# RASTA

## RECEIPTS & PAYMENTS

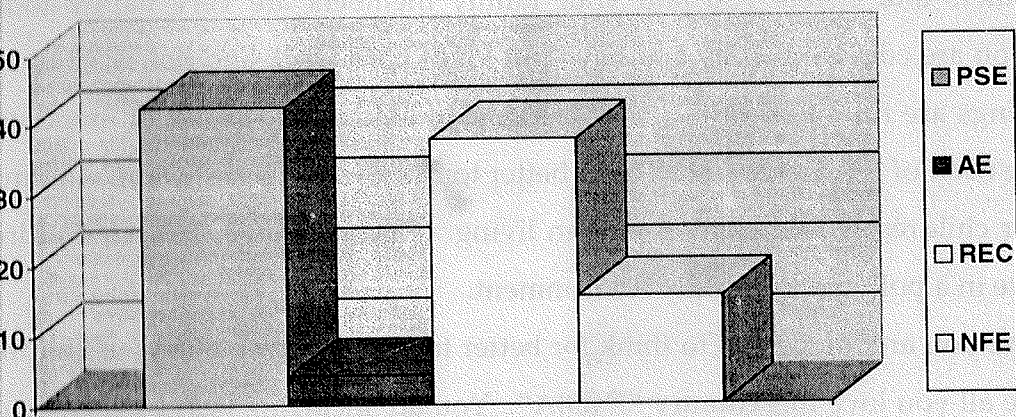
For the year ended 31st March, 2001

RECEIPTS	AMOUNT (Rs.)	RECEIPTS	AMOUNT (Rs.)
OPENING BALANCE:		ACCOUNTING CHARGES	5250.00
CASH IN HAND	2800.90	BANK CHARGES	20.00
CASH AT BANK	2090.90	BOOKS & PERIODICALS	6941.00
		CONSULTANCY	21500.00
COMMUNITY CONTRIBUTION	20875.00	CONVEANCE EXPENSES	14362.00
BANK INTERST	1277.50	ELECTRICITY EXPENSES	1470.00
H.P.S.	251850.00	MEDICINCE EXPENSES	1848.00
ISHAN CHARITABLE TRUST	52330.00	OFFICE EXPENSES	4845.50
MEMBERSHIP FEES	840.00	POSTAGE & TELEPHONE	142.00
		PRINTING & STATIONERY	13338.00
		RENT	16500.00
		REPAIR & MAINTENANCE	18402.00
		SALARY & ALLOWANCES	135636.00
		SPORTS & CULTURAL EXP.	28704.00
		STAFF WELFARE	3192.00
		TELEPHONE EXPESES	1493.00
		TOURS & TRAVELS	9697.00
		TRINING EXPENSEES	9778.00
		LOAN -ASSOCIATES	421.50
		FIXED ASSETS	10398.80
		CLOSING BALANCE	
		CASH IN HAND	2451.60
		CASH AT BANK	25673.90
<b>TOTAL</b>	<b><u>332064.30</u></b>	<b>TOTAL</b>	<b><u>332064.30</u></b>



## EDUCATION

### Participants In Different Educational Activities



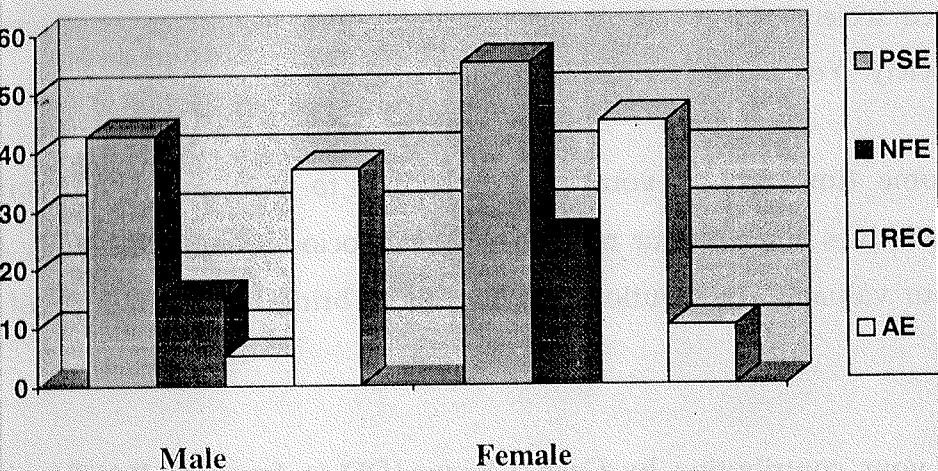
Pre School Education (42.6%)

Adult Education (4.2%)

Remedial Education Centre (37.8%)

Non Formal Education (15.4%)

### Gender-Wise Representation of Participants Under Different Educational Activities



Male

Female

Female  
Male

48%  
52%



## *Appeal*

Dear brothers and sisters you and your family members are very happy today because you are educated today and have put lot of hard work and honesty but our surroundings are full of miseries, petty greed, exploitation and abuse of innocence. This is the need of the hour to work for a better tomorrow and healthy surroundings where our children would enjoy a human living. No one wants that our children should live in a polluted unhealthy environment.

Dear friend you are the person to think for better tomorrow. You love your children and above all you love this country "INDIA". You are incurring heavy expenses on health and education of your children. You don't want them to live in an environment full of valueless exploiting forces, miseries and illiteracy. If you do not want such an environment to develop, this is right time to think for the deprived.

There are millions of children who have not seen schools even in the 21<sup>st</sup> century because their parents are illiterate and unaware about the utility of education for their children. Dear friend, when you want to take proper care of your children and want them to live in a well mannered educated society, please support our education efforts to millions of illiterate children or our society. You may support a child for his/her education.

Please spare some time out of your busy schedule to visit our community development initiatives and join our mission to bring socio-economic harmony in the society. Your valuable contribution will help us to bring light in the life of a deprived child.

You may send your contribution by Cash/Cheque/DD in favor of **RASTA**. All donation paid to **RASTA** is exempted under 80 G of the Income Tax.



## अपील

प्रिय भाईयों और बहिनो आज आप और आपके परिवार के सदस्य प्रसन्न और आराम स्थिति में हैं क्योंकि आपने ईमानदारी से कड़ा परिश्रम किया है। हम सभी निर्दोषों के सी, थोड़ा सा लालच, शोषण व अपराध देखते हैं यह समय की मांग है कि कल के प्र मे सोचें वातावरण के विषय में विचार करें कि हमारे बच्चे इससे बाहर कैसे जायेंगे हम में कोई चाहता है कि हमारे बच्चे ऐसे दूषित व अस्वस्थ वातावरण में रहें।

प्रिय मित्र आप ही मात्र एक ऐसे व्यक्ति हैं जो कल के विषय में सोच सकते हैं कि आप अपने बच्चों व देश से प्यार करते हैं। आप अपने बच्चों की शिक्षा व स्वास्थ्य पर प्री व्यय कर रहे हैं क्या आप चाहेंगे कि वे ऐसे वातावरण में रहें जो मूल्य हीन, शोषण व बदतर व निरक्षर है यदि आप यह नहीं चाहते कि ऐसा वातावरण विकसित हो तो यह समय है कि अभाव ग्रस्त लोगों कि लिए भी सोचें।

आज 21वीं सदी में भी लाखों बच्चों ने विद्यालय नहीं देखा है क्योंकि उनके माता-पिता पढ़े व आभाव-ग्रस्त होने के कारण अपने बच्चों की शिक्षा की उपयोगिता से अनभिज्ञ मेरे परम प्रिय मित्रों यदि आप बच्चों की सही देखभाल चाहते हैं और चाहते हैं कि वे अच्छे व्यवस्थित व पढ़े लिखे समाज में रहें तो आज ही अभी लाखों में से एक बच्चे की मा के लिये "रास्ता" को अपना योगदान दें।

कृपया हमारे समुदाय विकास की शुरुआत को इसका अवलोकन कर प्रोत्साहित करें हमारे लक्ष्य से जुड़ कर समुदाय में सामाजिक व आर्थिक समानता को लाने की ओर म बढ़ायें। किसी भी धर्म राशि के रूप में आप का सहयोग कम से कम एक बच्चे को भेत करने में हमें मदद करेगा।

आप अपना चेक "रास्ता" के नाम बना कर प्रेषित करें तथा आयकर में 50% छूट का लाभ उठायें।