

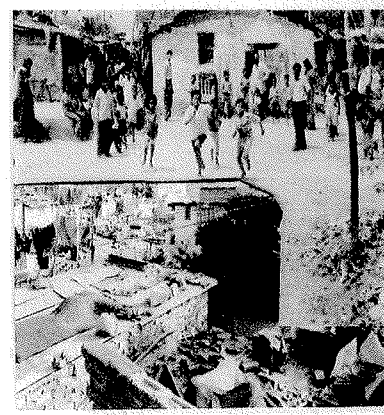
# **Annual Report 2001-2002**



**CARING FOR THE LESS CARED**

RASTA

# Annual Report 2001-2002



**CARING FOR THE LESS CARED**

## From the Desk of Secretary



### Our Board

- Mr. Puran  
Chand Nailwal  
(President)
- Mr. Tara Chand  
Pant  
(Vice-President)
- Mr. K C Pant  
(Secretary)
- Mr. Ram Dutt  
Nailwal  
(Jt. Secretary)
- Mr. Devi Dutt  
Pandey  
(Treasurer)
- Dr. K C Papnai  
(Member)
- Mr. G D Pathak  
(Member)

*This annual report presents summery statement of the activities undertaken by RASTA during the year 2001-2002.*

*India has rich cultural heritage, linguistic and geographical diversities, historical monuments and invaluable natural resources. India is typical example of peaceful co-existence with harmony with all its diversities. Yet we have concerns, child labor population leaving below poverty line, slums etc. millions of the children need immediately attention to help them become good citizen*

*RASTA has been and endeavoring to contribute towards removing illiteracy, poverty, slums, malnutrition and child labor etc. what we have today is the result of what our society gave us previously in one form of or the other.*

*Each one of us has moral obligation to return the same to the society this is what the principal of going along says "It is good to grow but it is great to grow together"*

K C Pant  
Secretary

## RASTA

### *A Path Towards Development*

"Rasta" is a Hindi word which means path or direction. Rasta provide direction and support to the people enabling them to realize their capacities for sustainable development. This is a non-government, non-profit organization founded in 1994 by a team of social activists with a mission to care for the less cared and disadvantaged people and communities. RASTA envisions a society where every individual realizes potential and lives with dignity, self respect and social status in an environment of solidarity and communal harmony.

Strategically RASTA organizes and sensitizes community people towards their developmental needs and initiatives, develops their capacities, utilizes local wisdom, encourages participation, delegates responsibilities, develops linkages, maintains follow up, gives feedback considering family as a basic unit for development of the whole community.

#### VISION

A society where every individual realizes his / her potential and lives WIT self-dignity and social status in an environment of solidarity and communal harmony.



#### OBJECTIVES:

- 2. To improve quality of education by running formal and non formal education centers, incorporating different innovations, for all age groups with emphasis on girl child and people living below poverty line.
- To implement comprehensive community health programs focusing on women and child.
- To organize the underprivileged into self-help groups, and undertake community infrastructure development programs such as school construction.
- To undertake skill training and income generation activities to promote self-reliance in the less privileged.

#### STRATEGY

Organize and sensitize community people towards their development needs and initiatives, develop their capacities, utilize local wisdom, encourage participation, delegate responsibilities, develop linkages, maintain follow up, give feedback, considering family as a basic unit for development of the whole community.

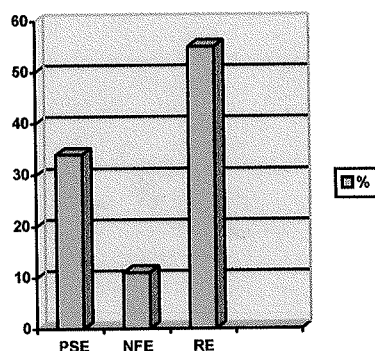
## EDUCATION

is our main concern

### Achievements during the year

- 75% enrollment in Pre-school
- 12 youth registered for standard X thru NOS
- 13 children participated in scholarship examination, one child got scholarship
- Strong linkage developed with MCD School
- Initiatives taken at community level for school enrollment.
- 47% participation of girl child
- 709 children and 12 youth participated in educational activities
- Parents meetings held every month

### Activities wise participation



PSE: Pre School Education  
NFE: Non Formal Education  
RE: Remedial Education

### Number of Children in the Educational Activities

Activities	Male(%)	Female(%)
Pre-School	92 (38)	150 (62)
NFE	45 (56)	35 (44)
REC	238 (61)	149 (39)

### Basti Ka Vidyalaya (Community School)



Nearly half of the population Of Delhi is residing in slums and resettlement colonies as a result of continuous urbanisation and industrialization. Rajiv Camp is one of the colonies developed as a by product of the said development in NCT of Delhi.

This is a small colony situated on National Highway no. 24, inhabited by the poor and marginalized people migrated from different parts of the country. You can see small kids running for schooling every morning towards the community school. More than 100 children are attending different classes in the school. But the community had an entirely different scenario three years ago when the team of RASTA stepped in.

The people are poverty ridden struggling to meet both ends for years. Education had never been a priority of the people of this colony. Under the given circumstances RASTA stepped in the colony. The team of RASTA started working by initiating issues like sanitation, park development, health awareness, community organization and education of their children. But there was no place for starting educational activities for the kids. The people removed garbage from one place and started constructing the school. The government departments and police gave them a tough time. They never lost their patience and succeeded in their mission of constructing community school- a place for the community based initiatives and interaction. Now they are the proud owners of the center. This is one example of many collective actions taken by the people.

### Activities held in the School

Regular Classes, Celebrations, Parents meetings  
Awareness Camps & Group Interaction with self help group

## WOMEN EMPOWERMENT

### **Women Organization**

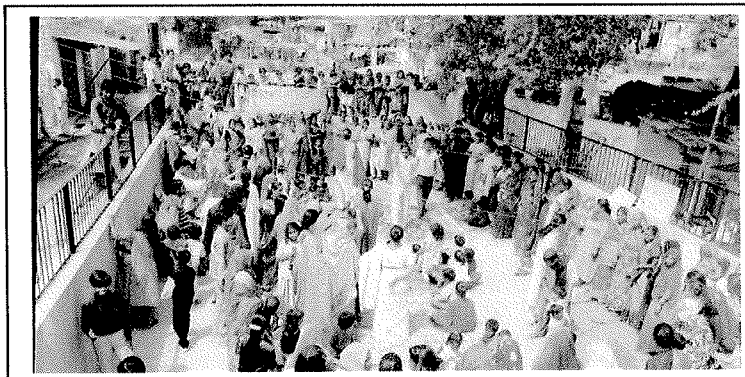
Groups	No.	Members
- Women Forum	3	46
- Saving Group	3	62
- Cutting & Tailoring Group	1	25
- Sanitation Group	2	21
- Pressure Group	2	18
- PTA	1	24
- Enrollment Group	1	10

Events	No.	Members
- Sports Event	1	400
- Cultural Event	8	282
- Women Festival	7	183
- Women day Celebration	1	360

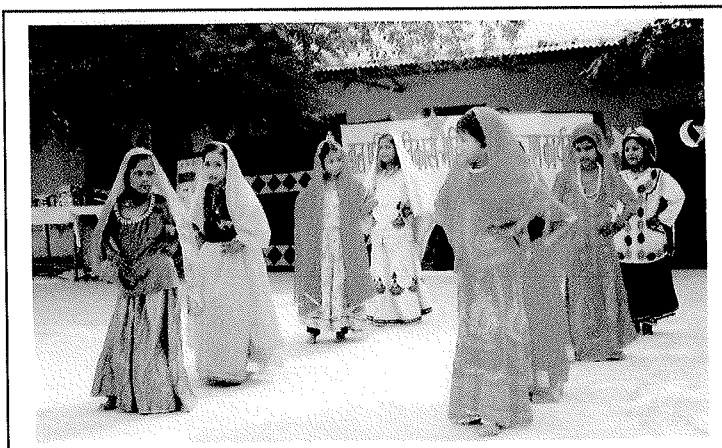
Total Number of women 172  
participating in different  
programs

Women are the major reckoning power in the programs of RASTA. Following activities have been undertaken for women development:

**Organization:** Women have been mobilized and organized in different functional groups while initiating any community development initiatives. Regular interaction is maintained with the so developed groups.



**Education:** Awareness level of the so developed women groups is enhanced by involving women in different activities. Information of women rights, civic responsibilities, different schemes and opportunities for women, is imparted through talks, educative material and specific programs.



**Empowerment:** Informative inputs, skill building and rehabilitation support among the major activities performed for women empowerment along with organization and education. Skill training is imparted in the popular and useful trades. Thrift and credit groups have been started to inculcate habit of regular saving among the women and enhance accessibility to and control over resources for family and community based affairs. Women have made possible construction of community development center in the area.

### **OTHER EDUCATIONAL ACTIVITIES**

- Teachers Training
- Workshop
- Educational Trips
- Networking with Government Schools
- PTA Meetings
- Street Plays
- Individual Counseling
- Sports Day
- Drawing Competition
- Community Meeting
- Staff Meeting
- Quiz Contest
- Awareness on NIOS
- Capacity Building Workshops
- Bal Sabha (Children's Meetings)
- Adult Education
- National Festival Celebration



### **Grassroots Worker became Manager**

Madam Vinita Jha is a very popular name in the project area of RASTA. She is usually seen talking with the women groups, supervising different program initiatives of the organization, visiting government and non-government departments, etc. She is a highly resourceful and powerful woman always fighting for one or the other cause of community development, especially for the deprived women.

Any one watching Madam Jha addressing big rallies, cannot easily understand the path she has traveled to reach the state. She was born in the state of Bihar and was not lucky to have love of her father for a long time. But her mother was determined to make her a person of worth. Vinita used to be a sharp child and did her Post Graduation and B Ed Degrees with good marks. She came to Delhi after her marriage.

She wanted to become a teacher. Alternatively she started tuition classes at home and also in the slums with 5 children. Vinita had determined to do something for the deprived section of the society, and became favorite of the people within a very short span of time while taking teaching the slum children. During the course she happened to meet the Secretary of RASTA and agreed to work with the organization. Her hard work was acknowledged by the higher authorities. She achieved highest position in the organization with her hard work within three years only. Madam Vinita Jha believes that every girl has potential and can achieve highest level of performance. Let's all find Vinita in every girl of the community.

### **WORKING CHILDREN**

Both of the parents work to arrange two square meals for the family. Children are left at the mercy of Almighty or exploiting forces. The elder children usually look after the younger siblings. Children start working at a very tender age to supplement the family income. Girls work as domestic servants while boys works as cheap and silent laborers. The story of exploitation is multi-fold. Children develop undesirable habits harmful to them and the society at large. The RASTA initiated a community awareness campaign to educate the parents on the problem.



## COMMUNITY HEALTH CARE

### Regular Activities

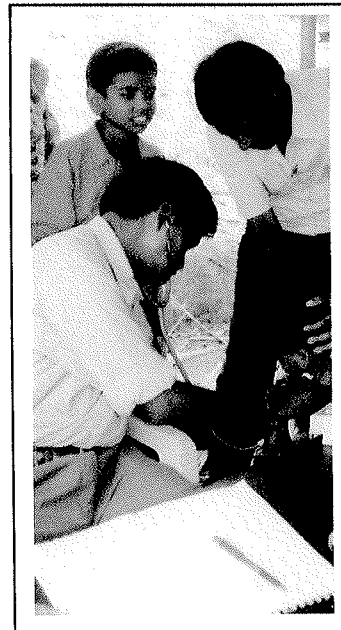
- Immunization
- ANC checking
- PNC checking
- Family Planning
- Pulse Polio
- AIDS Awareness 1 year
- Sanitation Drive 1P
- Growth Monitoring 1P
- Healthy Baby Contest 1P
- Eye Care Program 1P
- Dental Care 1P
- Environment 1P
- Free Medicine 1P

**Lack** of awareness, improper health habits and inaccessibility to the health facilities all lead to unhealthy living habits among the community people. Following activities were undertaken to ensure 'Health for All' in the area:

**Awareness Raising:** Drives (6), Street Plays (7), Rally (6), Corner meeting (35) and family contacts are amongst the major activities undertaken for awareness raising of the people.

**Growth Monitoring:** Children in 3-5 age group participated in the program.

**Immunization:** Neo-natal to 5 years of Children and pregnant Women participated in the program. It was done in the collaboration with the government mechanism.



**Pulse Polio:** The community people mobilized to take their wards in the Pulse Polio Program of the government.

**Family Planning:** Communication media used to educate the people on the issues related to family planning. 6 plays were organized for the purpose.

**Free Medicine Distribution:** Medicine was procured from government and non government sources and distributed to prevent the possibility of diseases like malaria, diarrhea, etc.

**Environment Promotion:** Sanitation drives, park improvement and sanitary groups formation, usage of government mechanism are the highlights of environment promotion campaign.

**AIDS Awareness:** Awareness camp and door to door contacts were held to prevent the people from the killer giant.





## Appeal

HANDS UP FOR GIRLS'  
EDUCATION



Dear brothers and sisters you and your family members are very happy today because you are educated today and have put lot of hard work and honesty but our surroundings are full of miseries, petty greed exploitation and abuse of innocence. This is the need of the hour to work for a better tomorrow and healthy surroundings where our children would enjoy a human living. No one wants that our children should live in a polluted unhealthy environment.

Dear friend you are the person to think for better tomorrow. You love your children and above all you love this country INDIA. You are incurring heavy expenses on health and education of your children. You don't want them to live in an environment full of valueless exploiting forces, miseries and illiteracy. If you do not want such an environment to develop, this is right time to think for the deprived.

There are millions of children who have not seen school even in the 21-century because their parents are illiterate and unaware about the utility of education for their children. Dear friend, when you want to take proper care of our children and want them to live in a well-mannered educated society, please support our education efforts to millions of illiterate children of our society. You may support a child for his/her education.

Please spare some time out of your busy schedule to visit our community development initiatives and join our mission to bring socio-economic harmony in the society. Your valuable contribution will help us to bring light in the life of a deprived child.

You may send your contribution by cash/cheque/DD in favor of RASTA. All donation paid to RASTA is exempted under 80G of the Income Tax.

Please contact secretary of RASTA for further details

**R A S T A**

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