

**RASTA
ANNUAL REPORT
2003-2004**



ANNUAL REPORT

(2003-2004)

Caring For The Less Cared

RASTA

Mailing Add: C-2, Press Apartments, 23, Patparganj, Delhi – 110092 (India)

RASTA

An Over-View

"Rasta" is a non-government, non-profit organization founded in 1994 by a team of social activists with a mission to care for the less cared and disadvantaged people and communities. RASTA envisions a society where every individual realizes potential and lives with dignity, self respect and social status in an environment of solidarity and communal harmony.

VISION

A society where every individual realizes his/her potential and lives with self-dignity and social status in an environment of solidarity and communal harmony.

OBJECTIVES:

- To improve quality of education by running formal and non formal education centers, incorporating different innovations, for all age groups with emphasis on girl child and people living below poverty line.
- To implement comprehensive community health programs focusing on women and child.
- To organize the underprivileged into self-help groups, and undertake community infrastructure development programs such as school construction.
- To undertake skill training and income generation activities to promote self-reliance in the less privileged.

STRATEGY

Organize and sensitize community people towards their development needs and initiatives, develop their capacities, utilize local wisdom, encourage participation, delegate responsibilities, develop linkages, maintain follow up, give feedback, considering family as a basic unit for development of the whole community.

ACTION PROGRAM:

AREA OF OPERATION:

Slums of Eastern Delhi.

Clientele:

target group

Children, Women, Socio- Economically weak

COVERAGE:

About 5000 Families and 3000 children so far

RANGE OF ACTIVITIES:

Education
Community Health
Women Empowerment
Capacity building

whom
RG

The activities of RASTA can be classified in four categories as mentioned above. However each of the above category has a set of many activities. There is no hard and fast system to segregate the activities from each other, rather an integrated approach is practiced. Efforts have been done to develop linkages with the specialized concerned departments and agencies for enhancing affectivity and chances of sustainability of the programme activities. Capacity of the staff is enhanced to improve quality of services and capacity of community groups is enhanced to ensure sustainability of the programme in due course of time.

Education programme covers clientele from different age groups with different purposes such as, 3-6 age group for preparation for schooling, non school attending in 6-14 age group for elementary education and further sustenance of their education either through formal schools or NIOS. Remedial education classes are held for reducing drop out rate by elevating scholastic level of the school going children.

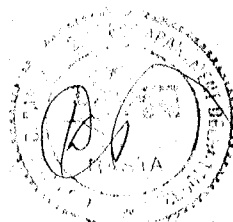
Community health programme includes preventive and promotive health of the women for all age groups. The serious patients are referred for specialized cares. Immunization, growth monitoring, sanitation, hygiene,

Women empowerment programme is basically to organize women, enhance their skill and sources of income. It focuses upon social evils like dowry, gender discrimination, infanticides, illiteracy, thrift, etc.

Capacity building is a support system to strengthen know-how level of staff and community groups by way of technical workshops, seminars, excursions and supervisory support.

The table gives over view of the activities of RASTA at a glance:

Sector	Activity	Clientele	Remarks
Education <i>More than 1500 children, 300 youth and 200 working girls have already participated. More than 50% women participation in classes, celebrations, enrollment, awareness camps, excursions, summer activities, PTAs, sports, talents shows, competitions,</i>	Pre-school Education	<ul style="list-style-type: none"> Children in 3-6 age group Mothers of the children 	<ul style="list-style-type: none"> 75% enrollment in Pre-school Parents interaction
	Non Formal Education	6-14 non school going children	<ul style="list-style-type: none"> School Enrollment in age appropriate classes Education through NIOS continued Linkages development with schools developed Parents meetings held
	Remedial Education	School going children	<ul style="list-style-type: none"> Participation in Scholarship Examinations Enrollment drives organized Parents meetings
	Adult Education	Illiterate women above 15 years of age	<ul style="list-style-type: none"> Functional literacy Life skills
	Learning Centres	Out of school Children in 6-14 age group	<ul style="list-style-type: none"> Admission in age appropriate classes



Health	Awareness raising	Whole community	<ul style="list-style-type: none"> • Drives • Street Plays • Rally • Corner meetings • Family Contacts
	Growth Monitoring	3-5 age group	<ul style="list-style-type: none"> • Height-weight monitoring and general health check up done
	Immunization	Upto 5 years Pregnant women	<ul style="list-style-type: none"> • Basic immunization, Vitamin A, Pulse Polio for all of the children • TT vaccination for pregnant women
	Family Planning	Reproductive age group	<ul style="list-style-type: none"> • Communication media used • Plays organized
	Curative and referral service	Patients from poor families	<ul style="list-style-type: none"> • Free medicine distribution • Referral for specialized health care
	AIDS Awareness	Whole community	<ul style="list-style-type: none"> • Camps • Door to door contacts
	Environment Promotion	Whole community	<ul style="list-style-type: none"> • Sanitation drive • Part Improvement • Sanitary group formation
Women Empowerment	Women organization	Women	<ul style="list-style-type: none"> • Women groups • Saving groups • Vocational training • Issue based groups like PTA, sanitation, enrollment, etc. • Sports events • Cultural events • Special days celebrations
Capacity Building	Workshops, Seminars	<ul style="list-style-type: none"> • Staff • Community groups 	<ul style="list-style-type: none"> • Training programmes • Supervisory support • Exposure visits

Highlights of Impact on Community People:

- The places of gambling and drinking were converted into and used as education centers. Rate of these social evils dropped significantly.
- Women took initiatives and started regular savings.
- Conscientization towards the future of children increased. They are working as pressure groups.
- Status of personal hygiene and community sanitation increased. Now the parks and toilets are reasonably clean.
- About 85-90% of the school going age children are participating in education program.
- Children groups developed and maintaining sanitation in the educational centers.
- Scholastic level of children enhanced
- Children developed confidence and started participating on stages as well.
- Out of school children being streamlines effectively.
- Linkages with government departments and schools developed. Common programs with school children are being conducted as well.

COVERAGE BREAK UP:

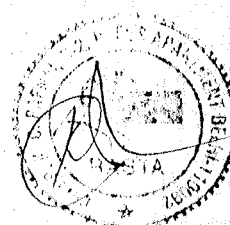
Coverage	o Clusters	3
	o Population	15,000
	o Families	2500
	o Children	2000
	o Women	2000
	o Groups & Committees	28

OUR CONCERNS

- ☐ Universalization of Education
- ☐ Work for All
- ☐ Health for All
- ☐ Healthy Environment
- ☐ Prevention from seasonal and killer diseases
- ☐ Freedom from Child Labor
- ☐ Gender Equity
- ☐ Human Rights
- ☐ Community Organization

FINANCIAL SUPPORT

HCL Trust, IEC Foundation and Community Contribution, Jay pee Group of companies, Directorate of Education, Community contribution



Appeal

We are very small actors in the ocean of developmental needs of the people. It is our very small step towards a big journey. Our concerns, in fact, are the concerns of each man working for the social causes. Our journey shall become easy with your cooperation and inspiration. Please encourage our team by visiting our area and saying a few words of advice.

Let's work for the Humanity and Care for the Uncared

You may send your contributions in form of technical advice, voluntary support, and donation in cash or kind. All donations made to the RASTA are exempted of income tax u/s 80G of Income Tax Act.

Please contact Secretary of RASTA for further details

QZ